Opal
specialist aged care

ܥܪܘܒܬܐ 27 ܐܕܪ 2020

ܒܘܬ: ܡܟܠܝܢ ܬܢܝܢܐ ܙܒܢܐ ܥܠ ܣܘܚܪܢܐ ܠܓܘܢܝ ܕܫܡܫܬܐ ܕܣܒܐ

ܡܘܝܩܪ ܡܕܝܪ̈ܐ، ܘܫܪ̈ܒܬܐ ܘܦܘܠܚ̈ܐ،

ܐܝܟ ܕܗܘܐ ܐܦܫܬܐ ܠܝ ܟܬܒܬܐ ܕܥܒܝܕܬܐ 18 ܐܕܪ ܒܘܬ ܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪܢܐ ܠܓܘܢܝ ܕܫܡܫܬܐ ܕܣܒܐ، ܒܐܬܪ̈ܐ ܗܕܐ ܥܠܡܢܐ ܠܡܒܘܩܪܬܢ ܕܒܥܝܐ ܗܕܐ ܗܘܐ ܡܬܒܠܬܐ ܠܡܘܕܥܢ ܕܐܝܟ ܕܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪܢܐ ܠܓܘܢܝ ܕܫܡܫܬܐ ܕܣܒܐ ܠܟܠ ܕܫܘܥܝܬܢ ܒܘܕܝܐ ܒܛܒܬܐ.

ܒܕ ܒܢ̈ܝܢܐ ܕܐܢ̈ܫܐ ܟܡ ܐܘܡܬܢ̈ܝܐ ܕܡܛܝܐ ܡܢܐ ܟܪ̈ܗܐ ܕ COVID-19 ܒܝܬ̈ܐ ܡܠܝ ܒܥܠܡܐ ܟܠܗ، ܐܝܟ ܟܬܒ ܕܩܠܝܢܐ ܒܘܫ ܒܫܘܡܠܝܐ ܥܠ ܛܒܘܬܐ ܚܠܝܡܘܬܐ ܕܟܠܝܢܐ ܐܢ̈ܫܐ ܒܒܥܕܬܐ ܕܟܠ ܝܘܡ ܕܐܝܬ ܟܡ ܡܛܝ ܠܗ ܠܝܬܝܗܘܢ ܣܒ̈ܐ، ܘܩܠܝܢܬܢ، ܘܫܪ̈ܒܬܐ ܘܩܠܝܢܐ ܕܚܝܠܢ̈ܐ ܟܡ ܒܡܫܟܚܝܢ ܐܝܟ ܕܥܠܝܐ ܡܢܐ ܒܝܘܡܐ ܦܘܪ̈ܢܐ ܥܠ ܡܫܬܪܝܢ (ܬܚܘܪܬܝܢ) ܡܢ ܟܪ̈ܗܐ ܕ COVID-19.

ܐܝܟ ܦܘܪܫܢܐ ܗܝܢ ܕܐܢ̈ܫܐ ܝܠܗ ܚܕܐ ܒܝܬܐ ܕܙܘܕܪܬܐ ܘܒܝܬ̈ܝܘܬܐ ܥܠ ܟܠܐ ܐܢ̈ܫܐ ܘܟܠܝܢܗܘܢ ܗܘܐ ܡܒܝܬܘܬܢ ܥܠ ܦܘܪܬܢܘܬܢ ܒܕ ܡܢ̈ܝܢܐ ܗܘܐ ܚܝܠܐ ܠܒܢܝܢܗ ܟܡܝܠܝ ܕܗܘܝܐ ܗܘ ܥܡܘܩܐ ܡܢ ܟܠܝܗܝ ܒܘܫ ܥܢ̈ܝܢܐ ܥܠ ܣܒ̈ܐ ܘܩܠܝܢܬܢ.

ܟܬܒܢ ܡܫܬܠܛܢ̈ܘܬܐ ܕܚܝܠ ܟܠ ܫܡܫܬܐ ܕܣܒܐ ܦܠܚܢ̈ܘܬܐ ܘܐܘܡܬܢ̈ܝܘܬܐ، ܐܝܟ ܒܝܬ̈ܐ ܗܘܐ ܟܠܐ ܝܢ ܩܪ ܒܘܬ ܗܒܥܘܬܐ ܠܟܒܚܘܪܐ ܐܘܪܚܝܬܐ ܚܕܬܐ ܥܠ ܡܚܘܬܡܬܐ ܕܐܝܬܘܪܐ ܫܘܬܦܐ ܘܡܚܫܒܢܘܬܐ ܕܟܠܝܢܐ ܦܫܝ ܦܩܐ ܒܕ ܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪ̈ܢܐ ܩܠܝܠܐ ܡܠܗ. ܟܡܠܘܝܐ ܗܘܐ ܠܡܥܢܝܢ ܒܚܝܠ ܠܒܢ̈ܝܐ ܟܬܒܘܬܢ̈ܝܐ ܒܝܠܕܐ ܕܟܝܢܬܐ ܘܠܡܘܕܪܐ ܥܠ ܝܕܝܥܐ ܕܡܒܝܠܗ ܬܡܟܫܩܠܝܗܘܢ، ܟܡ ܡܒܝܢܝܢܗ، ܐܘܪܚ̈ܬܐ ܕܗܠܝܢܝܢ، ܕ FaceTime، ܕ Skype ܝܢ ܕ Zoom. ܝܢ ܟܡܫܚܐ ܠܗܘܢ ܡܟܝܢܬܢ ܠܝ ܝܢ ܒܝܬܝܢܐ ܗܘܢ ܕܬܡܟܫܬܢ ܘܥܡܠܬܢ ܐܝܟ ܐܘܪܚܐ.

ܢܝ ܒܥܠܬ ܥܠ ܣܒ̈ܐ ܘܚܝܠ̈ܢܐ ܒܚܝܠܢܐ ܕܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪ̈ܢܐ

ܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪ̈ܢܐ ܒܝܬܟܐ ܡܠܗ ܠܩܘܡܒܢ̈ܝܐ ܬܥܢܝܐ ܕܥܘܕܪܐ ܠܗܘܢ ܩܠܝܠܐ 18 ܒܐܕܪ، ܟܬܒܢ ܩܘܡܒܢ̈ܝܐ ܕܐܝܬܘܬܐ ܡܢܐ ܒܝܫܐ ܠܢܘܚܡܝܗܘܢ ܣܒ̈ܐ ܘܩܠܝܢܬܢ ܕܗܘܝ ܒܫܘܡܠܝܐ. ܒܥܕܢܐ ܡܢ ܬܡܢܐ ܕܥܪܘܒܬܐ 27 ܐܕܪ:

ܣܘܚܪܢܐ ܠܓܘܢܝ

ܒܕ ܡܫܘܚܬܐ ܕܟܪ̈ܗܐ ܕ COVID-19 ܒܝܬ̈ܐ ܡܠܗ ܟܡ ܒܡܫܟܬܐ، ܒܚܝܠܐ ܗܘܐ ܠܡܬܚܬܐ ܟܫܘܬܐ ܕܟܠܝܢܗܘܢ ܣܘܚܪ̈ܢܐ ܒܕ ܩܘܡܚ ܡܚܘܠܝܐ ܡܢ ܠܝܟܢ̈ܐ ܠܟܡ ܟܡܠܘ ܕܫܡܫܬܐ ܕܣܒܐ ܒܕ ܡܟܠܝܢ ܬܪܐ ܕܣܘܚܪ̈ܢܐ ܩܠܝܠܐ ܡܠܗ. ܣܘܚܪ̈ܢܐ ܬܚܝܢ ܕܟܒܪ ܐܝܚܝܕ ܒܝܬ̈ܐ ܐܝܟܢ ܕܚܕ ܟܡܫܡܫܐ ܦܪܘܫܝܐ ܝܠܗ ܫܡܫܬܐ ܕܣܒܐ ܒܕ ܟܡ ܐܛܥܡܬܐ ܕܟܘܬܐ، ܝܢ ܒܬܘܡܐ ܦܘܪ̈ܢܐ ܕܚܕ ܟܡܫܡܫܐ ܚܕܬܐ ܦܬܓܡܐ ܡܠܝ ܡܚܘܠܝܐ. ܒܬܘܟܐ ܒܝܬ̈ܝܬܐ، ܣܘܚܪ̈ܢܐ ܟܬܒ ܕܬܟܡܪ ܠܝܟܠܝܬܐ ܕܒܝܬܐ ܕܦܝܫܐ ܡܢܐ ܙܥܘܪܐ ܘܠܩܘܡܒܢܐ ܕܥܠ ܠܒܫܬܐ ܕܐܛܥܡܬܐ ܕܬܚܘܪܬܐ ܦܫܝ ܦܩܥܬܐ (Personal Protective Equipment (PPE)).

ܦܐܬܐ ܕ 1 ܡܢ 2

ܪ̈ܚܝܩܘܬܐ ܕܓܘܫܡܝܘܬܐ ܘܡܒܪܘܢܘܬܐ

ܠܐ ܐܡܝܢܐ ܕܦܪܘܛܘܩܘܠܐ ܬܠܗ، ܒܕ ܡܛܦܝܣܠܗܘܢ ܐܢܫܐ ܕܪܚܝܩܘܬܐ ܕܓܘܫܡܝܘܬܐ (spatial distancing) ܩܐ ܟܡܘܪܐ (4 ܡܬܪܐ ܡܒܘܪܟܐ ܩܐ ܟܠܚܕ ܟܡܘܪܐ). ܒܕ ܣܢܝܕ ܕܕܓܫܠܡܘܢ ܐܢܝܐ ܐܝܬܠܦܩܐ ܘܕܐܟܝ ܒܕ ܩܠܝܚ ܝܢ ܐܬܬܠܡܘܢ ܠܐ ܒܘܩܪܝܐ ܕܗܘܢ.

ܒܝܬ ܐܟܠܐ ܒܕ ܗܘܐ ܦܬܝܚܐ ܩܐ ܟܡܘܪܐ ܕܐܟܠܝ ܟܚܕܪܐ، ܐܝܟܐ ܟܠܢܝܕ ܟܡܘܪܐ ܒܕ ܬܝܬܒ ܟܠ ܚܕܐ ܛܒܠܝܬܐ ܒܢܘܦܫܗ. ܒܕܢܝܬܐ ܕܐܟܠܐ ܒܕ ܩܫܝܪ ܡܒܘܝܟܐ ܗܕܟܐ ܕܐܝܟܐ ܡܢܝܬܐ ܐܢܐ ܠܩܘܢܘܐ. ܝܠܦܬ ܕܡܘܩܪ (Buffet) ܦܫܝܛܐ ܬܠܗ ܡܘܠܒܬܐ ܘܟܬܝܪ ܦܘܫܐ (cafes) ܩܠܝܬܐ ܡܢܐ ܐܡܚܝܪ ܩܐ ܡܬܐܡܘܠܢܝܬܐ ܘܡܥܘܬܝܬܐ ܕܝܒܢܐ ܘܡܘܒܠܐ (ܠܐ ܐܡܝܠܐ ܘܡܥܬܝܐ ܬܬܐ).

ܣܘܪܐ ܕܝܘܬܪܝܐ ܕܓܠܝܘܬܐ ܕܒܝܬܐ ܒܕ ܩܫܝܪ ܡܒܘܠܝܐ ܒܟܠܗܝܐ ܕܡܦܝܣܝ ܬܐ ܕܦܣܩܬܝܬܐ. ܝܢ ܢܒܥܝܬܘܢ ܐܝܬ ܠܗ ܚܕܐ ܓܘܒܝܬܐ ܕܝܘܬܪܘܢ ܕܓܠܝܘܬܐ ܕܒܝܬܐ، ܒܕ ܩܫܝܬܘܢ ܡܒܘܝܟܐ ܒܘܬ ܐܗܐ ܚܒܪܝ ܥܡ ܚܕܐ ܝܢ ܬܪܬܐ ܦܪܝܫܬܐ.

ܢܚܘܝܐ ܦܫܛܐ ܒܫܘܬܐ ܩܐ ܟܚܕܪܐ

ܒܕ ܐܢܝܠܝ ܠܩܘܢܘܢܐ ܕܡܢܝܢܘܬܐ ܕܝܠܦܢܘܬܐ ܐܠܝܢ ܒܝܘܠܦܢܐ ܕܡܦܣܢܝ ܬܐ ܕܦܣܩܬܝܬܐ. ܐܝܟܐ ܒܣܘܥܪܐ ܬܠܗ ܝܠܦܢܘܬܐ ܕܐܝܢܩܝܐ ܡܢܐ ܗܕܟܐ ܕܦܫܛܐ ܩܝܡܐ ܦܝܫܬܐ ܘܩܠܝܬܐ، ܩܐ ܠܡܘܩܝܐ:

- ܦܬܠܬܐ ܕܢܝܫܢܝܐ ܘܡܬܐܡܠܬܐ؛ ܡܛܐܢܝ ܬܐ ܕܦܘܩܕܢܐ ܘܡܫܡܫܬܢܐ ܘܕܐܡܝܢܐ ܐܢܝܢ ܝܢ ܣܢܝܟܐ؛ ܦܬܠܒܐܬܐ ܠܐܢܫܝܐ ܕܩܐ ܦܕܒܬܐ (ܦܒܝܬܐ) ܕܒܘܪܐ
- ܡܢܘܬܐ ܕܝܠܦܢܘܬܐ ܘܡܦܪܫܝܢܐ (ܡܢܘܬܐ ܕܝܕܥܝܐ ܐܢܝܢܐ) ܒܕ ܩܫܝܪ ܦܣܝܩܐ ܕܥܠܡܝ ܠܩܢܘܢܐ ܕܪܚܝܩܘܬܐ ܕܓܘܫܡܝܘܬܐ ܒܕ ܐܟܝ ܥܡ ܦܫܛܐ ܒܝܬܐ، ܘܚܠܡܘܬܐ ܦܣܩܬܝܬܐ ܒܕ ܩܫܝܪ ܗܝܒܐ ܟܢܕ ܢܝܕ ܗܕܟܐ ܕܢܘܟܠܐ ܕܡܢܝܢܘܬܐ ܕܦܫܛܐ ܕܦܫܝܛܘܬܐ ܕܟܠܐ (ܒܣܘܥܪܐ ܢܝ ܣܢܝ ܡܬܐ ܘܢܒܬܐ، ܘܡܘܒܠܐ ܕܦܣܩܬܝܐ ܘܙܐܪܐ ܐܢܝܐ ܠܣܝܒܐ)

ܢܦܩܬܐ ܕܐܝܡܘܪܐ ܦܫܝܛܐ ܘܦܫܝܛܘܬܐ ܕܟܚܕܪܐ

ܐܚܢܢ ܦܪܘܝܐ ܗܘܝܕ ܕܒܘܟܐ ܐܢܝܢܐ ܬܠܗ ܢܦܩܬܐ ܕܐܝܡܘܪܐ ܘܕܐܣܢܘܬܐ (ܝܘܠܦܢܬܐ) ܕܟܚܕܪܐ ܕܐܬܬܠܡܘܢ ܢܝܕ ܠܚܒܐ ܠܘܒܠܐ ܩܐ ܠܝܘܢ. ܩܠܝܢܢ ܐܡܝܢܐ ܒܕ ܡܦܢܝܪ ܕܐܠܐ ܥܠܡܬܐ ܟܠ ܡܦܫܝܬܐ ܕܐܘܪܫܬܐ ܟܬܪܐ ܠܢܚܘܝܘܢ ܟܚܕܪܐ ܕܗܘܢ ܠܠܝܐ ܘܡܣܘܦܝܐ ܠܐܘܪܫܬܐ ܕܒܘܥ ܠܐܡܝܬ (ܝܢ ܩܝܪ) ܡܠܝܢܘܢ ܡܢܐ ܠܗܡܝܡܢܘܬܗܘܢ ܦܬܝ ܦܩܝܐ ܘܠܒܝܢܬܗܘܢ.

ܩܘܦܣܬܐ ܘܗܪܝܐ ܐܢܝܢܐ ܕܝܥܩܠܝܗܘܢ ܗܘܝܕ

- ܟܚܕܪܢ ܝܢ ܩܫܝܪ ܡܢ ܘܣܝܝܐ ܬܘܒܝܡ ܒܫܠܐ ܒܢܘܡܐ ܩܐ ܝܪܚܐ ܕܥܣܘܬܐ ܘܢܝܫܢܐ ܕܒܪܐ ܕ COVID-19.
- ܩܠܝܢܢ ܩܠܝܬܐ ܡܢܐ ܒܗ ܥܘܩܢܐ ܕܥܒܝܕܐ ܠܦܠܚܝ ܘܙܘܗ ܥܘܡܘܬܐ ܕܡܩܡܢܝܬܐ ܦܬܝ ܦܩܝܐ ܕܟܚܕܪܢ.
- ܚܠܡܘܢ ܘܚܝܪܐ ܒܬܪܐ ܦܝܫܐ ܡܢܐ ܡܘܒܠܝܐ، ܥܒܡܘܢ ܥܡ ܕܐܡܪ ܕܬܬܐ ܐܘܠܨܢܐ ܡܢܐ ܐܬܦܘܬܐܝܬ.
- ܦܩܕܐ ܗܘܝܕ ܕܐܒܕܐ ܕܐܢܝܢܐ ܕܥܝܢܐ ܘܡܬܐܡܠܬܝܬܐ ܠܝ ܩܫܝܪ ܡܒܝܠܐ ܥܡ ܦܫܛܐ. ܐܝܟܐ ܡܢܘܦܫܠܗܘܢ ܒܗܘܝ ܕܢܚܘܝܬܘܢ ܠܗ ܬܗܘܝܥܩܠܗܘܢ ܒܦܪܝܫܬܐ ܕܢܝܥܐ ܠܚܕܪܐ ܘܕܝ ܓܕܪܝܬܐ ܘܡܐܪܝܐ ܐܘܪܫܢܐ ܕܓܢܒܐ.

ܐܲܚܢܲܢ ܡܲܘܕܝܵܢܹܐ ܝܘܲܚ ܒܪܵܒܵܐ ܓܵܘ ܟܠ ܡܲܣܝܒܪܵܢܘܼܬܼܘܼܟ݂ܘܿܢ ܘܲܬܼܡܝܼܡܘܼܬܼܘܼܟ݂ܘܿܢ، ܘܡܲܢܛܲܪܬܵܐ ܝܘܲܚ ܠܫܲܘܬܵܦܘܼܬܼܵܐ ܥܲܡܘܼܟ݂ܘܿܢ ܟܵܡܵܐ ܕܝܵܘܸܐ ܡܘܼܬܵܒ̈ܐ ܐܲܟ݂ܚܕܵܐ ܝܠܵܐ ܩܵܐ ܛܠܵܒܬܵܐ ܕܢܵܫܵܐ ܕܒܵܝܬܼܘܼܢ ܘܕܚܵܢܵܝ̈ܢ ܘܕܡܲܫܡܫܵܢܹ̈ܐ ܫܠܝܼܡܬܵܐ.

ܥܲܡ ܫܠܵܡ ܘܐܝܼܩܵܪܝ،

[Name, General Manager care home here]
[Contact details]
[Care home name]